



GET READY TO ZUMBA!!!! JOIN THE EXERCISE CRAZE THAT IS SWEEPING THE NATION! LATIN AND INTERNATIONAL INSPIRED DANCE MOVES COMBINED WITH EXERCISE. DANCE YOUR WAY TO FITNESS!!! CLASSES GIVEN BY CERTIFIED ZUMBA INSTRUCTOR! COME JOIN THE PARTY!

We are now offering TWO SESSIONS!! You may choose the Tuesday evening session (6 weeks) for \$60 or the Thursday evening session (4 weeks) for \$40, or BOTH for \$90 and save ten dollars! The Tuesday evening session will take place in the Recreation Center and the Thursday session will take place in the cafeteria at Mauger School. All classes are 7:30PM to 8:30PM. Registration must be done through the recreation dept. as the instructor cannot accept forms or payment. Exact cash or personal checks made out to "Middlesex Rec. Dept." can be accepted as payment. Class size is limited with registration being taken on a first come, first served basis. All registrations must be received by the Monday or Wednesday prior to the start of the session. All registrations received after the deadline are considered late and will be subject to a late fee. Participants must be borough residents, 18 years of age or older, and post high school. Each participant should wear dance or athletic shoes with support, bring a small towel, and plenty of water.

TUESDAY SESSION: Nov. 11, 18, 25, Dec. 2, 9, 16 \$60.00

THURSDAY SESSION: Nov. 13, Dec. 4, 11, 18 \$40.00

BOTH SESSIONS ONLY \$90.00 (save \$10!)

Please fill out the registration form below and bring/send it to the Recreation Center. Keep top portion for your reference.



Name \_\_\_\_\_ Home Phone # \_\_\_\_\_

Address \_\_\_\_\_ Cell Phone # \_\_\_\_\_

E-Mail Address (please print CLEARLY) \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Ph# \_\_\_\_\_ H / C / W

By signing this form, I desire to engage voluntarily in this exercise program being offered by the Middlesex Recreation Department. In consideration of my participation in the exercise classes, I do hereby agree to hold free from any and all liability, the exercise instructors, the sponsoring organization, or the Borough of Middlesex, and do hereby for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me arising out of/or connected with my participation.

Dates during which release is granted – FROM November, 2008 TO: December, 2008

In your best interest, we recommend that you have your physician give approval for you to be a participant in this class.

Participant's signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

DO NOT WRITE IN BOX / For Office Use ONLY
NOV/DEC 2008 ZUMBA SESSION
\$60 Tuesday Reg Fee \$40 Thursday Reg Fee RCP'T #
\$90 Tue/Thur Reg Fee \$10 Late Fee DATE RCV'D